Amendments to the Claims: The following listing of claims will replace all prior versions, and listings, of claims in the application:

Claims 1-46 (Canceled)

- 47. (New) A kit to facilitate self-expression by a child, discussions among children or discussions among a child and an adult in connection with attempts by a child to resolve interpersonal conflicts, comprising:
  - a portable floor covering that symbolizes and physically embodies a dedicated conflict resolution area; and
  - a first set of instructions comprising a method to be used by a child for selfexpression and a method for a child to attempt to resolve said child's interpersonal conflicts through a series of steps, scripted phrases and statements, wherein said selfexpression and conflict resolution methods are performed around the perimeter of or on said floor covering.
- 48. (New) The kit of claim 47, further comprising: a second set of instructions comprising a method for teaching self-expression, interpersonal conflict identification and interpersonal conflict resolution strategies to one or more children.
- 49. (New) The kit of claim 47, wherein the floor covering has a colored surface pattern connoting peacefulness, calmness, tranquility, or serenity.
- 50. (New) The kit of claim 49, wherein said colored surface pattern is in pastel or neutral colors.

- 51. (New) The kit of claim 47, wherein said first set of instructions are provided in media selected from among the group of media consisting of printed material, audiotape, video tape, and digital media.
- 52. (New) The kit of claim 48, wherein said second set of instructions are provided in media selected from among the group of media consisting of printed material, audiotape, video tape, and digital media.
- 53. (New) The kit of claim 47, wherein the floor covering is of a shape selected from among the group of shapes consisting of round, oval, triangular, rectangular and square.
- 54. (New) The kit of claim 47, wherein the floor covering has dimensions such that a number of children engaged in said conflict resolution process will be in substantially close proximity to one another when said children sit or stand on or about the perimeter of said floor covering.
- 55. (New) The kit of claim 53, wherein the floor covering is rectangular and wherein said rectangular floor covering has dimensions selected from among the group consisting of approximately 2 feet by 3 feet, approximately 3 feet by 5 feet, and approximately 4 feet by 6 feet.
- 56. (New) The kit of claim 53, wherein the floor covering is circular and wherein said circular floor covering has a diameter selected from among the group consisting of approximately 3 feet, approximately 4 feet and approximately 5 feet.
- 57. (New) The kit of claim 47, wherein the floor covering is selected from among the group consisting of a rug, a board, a mat and a sheet.

- 58. (New) The kit of claim 47, wherein the floor covering is made of material selected from among the group of materials consisting of natural or synthetic yarn, cotton, paper, vinyl, linoleum, rubber, latex, plastic, and card board.
- 59. (New) The kit of claim 47, wherein the floor covering is a rug having soft, pliable yarns.
- 60. (New) A kit to facilitate self-expression by a child, discussions among children or discussions among a child and an adult in connection with attempts by a child to resolve interpersonal conflicts, comprising:

a rug of soft, pliable yarns, wherein said rug has dimensions selected from among the group consisting of approximately 3 feet diameter, 4 feet diameter, 5 feet diameter, 2 feet by 3 feet, 3 feet by 5 feet, and 4 feet by 6 feet, and wherein said rug has a colored surface pattern connoting peacefulness, tranquility, serenity and calmness, and wherein said rug symbolizes and physically embodies an area designated for conflict resolution; and

a first set of instructions comprising a method to be used by a child for selfexpression and a method for a child to attempt to resolve said child's interpersonal conflicts through a series of steps, scripted phrases and statements, wherein said selfexpression and conflict resolution methods are performed around the perimeter of or on said floor covering.

- 61. (New) The kit of claim 60, further comprising: a second set of instructions comprising a method for teaching self-expression, interpersonal conflict identification and interpersonal conflict resolution strategies to one or more children.
- 62. (New) A kit to teach children a method of self-expression or a method to attempt to resolve interpersonal conflicts, comprising:
  - a portable floor covering symbolizing and physically embodying a dedicated conflict resolution area; and
  - a set of instructions comprising a method to teach children how to find their voice by identifying the occurrence of an interpersonal conflict and identifying their feelings about said interpersonal conflict, and a method to attempt to resolve said interpersonal conflict through a series of steps, scripted phrases and statements to be performed around the perimeter of or on said floor covering.
- 63. (New) The kit of claim 62, wherein the floor covering has a colored surface pattern connoting peacefulness, calmness, tranquility, or serenity.
- 64. (New) The kit of claim 62, wherein said first set of instructions are provided in media selected from among the group of media consisting of printed material, audiotape, video tape, and digital media.
- 65. (New) The kit of claim 62, wherein said second set of instructions are provided in media selected from among the group of media consisting of printed material, audiotape, video tape, and digital media.

- 66. (New) The kit of claim 62, wherein the floor covering is of a shape selected from among the group of shapes consisting of round, oval, triangular, rectangular and square.
- 67. (New) The kit of claim 62, wherein the floor covering has dimensions such that a number of children engaged in said conflict resolution process will be in substantially close proximity to one another when said children sit or stand about the perimeter of said floor covering.
- 68. (New) The kit of claim 65, wherein the floor covering is a rectangular and wherein said rectangular floor covering has dimensions selected from among the group consisting of approximately 2 feet by 3 feet, approximately 3 feet by 5 feet, and approximately 4 feet by 6 feet.
- 69. (New) The kit of claim 66, wherein the floor covering is circular and wherein said circular floor covering has a diameter selected from among the group consisting of approximately 3 feet, approximately 4 feet and approximately 5 feet.
- 70. (New) The kit of claim 62, wherein the floor covering is a selected from among the group consisting of a rug, a board, a mat and a sheet.
- 71. (New) The kit of claim 62, wherein the floor covering is made of material selected from among the group of materials consisting of natural or synthetic yarn, cotton, paper, vinyl, linoleum, rubber, latex, plastic, and card board.
- 72. (New) The kit of claim 71, wherein the floor covering is a rug having soft, pliable yarns.

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73. (New) A kit to teach children a method of self-expression or a method to attempt to resolve interpersonal conflicts, comprising:

a rug of soft pliable yarns, wherein said rug has dimensions selected from among the group consisting of approximately 3feet diameter, 4 feet diameter, 5 feet diameter, 2 feet by 3 feet, 3 feet by 5 feet, and 4 feet by 6 feet, and wherein said rug has a colored surface pattern connoting peacefulness, tranquility, serenity and calmness, and wherein said rug symbolizes and physically embodies a dedicated conflict resolution area; and

a first set of instructions comprising a method to teach a child how to identify the occurrence of an interpersonal conflict, identify the child's feelings about said interpersonal conflict, and teach said child appropriate language to express said feelings; and

a second set of instructions comprising a method to be used by a child to to express the child's feelings and to attempt to resolve said interpersonal conflict through a series of steps, scripted phrases and statements, wherein said self-expression and conflict resolution methods are to be engaged in around the perimeter of or on said rug.